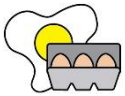
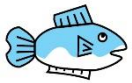
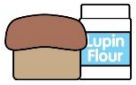
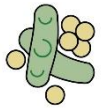
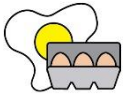
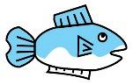
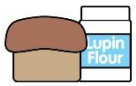
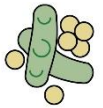
Dishes and their allergen content

Week 3

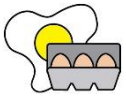
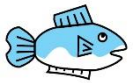
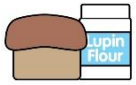
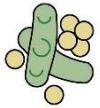
Dishes														
Monday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Sausage roll		✓		✓			✓		✓					✓
Veggie sausage rolls		✓					✓						✓	
Veggie pasta		✓												
Chocolate cookie		✓					✓							
Yoghurt							✓							
Fruit														
GF/DF:Sausage in a roll				✓										✓
GF/DF:Chocolate cookie														
GF/DF:Veggie pasta														
Vegan:Veggie sausage roll		✓					**May contain**						✓	

Vegan:Chocolate cookie														
Jacket and cheese							✓							
New potatoes														
Vegetables														
Salad	✓													
Cheese for jackets							✓							
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Dishes														
Tuesday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**

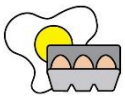
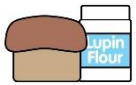
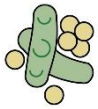
Chicken fajita rice		✓					✓		✓					
Bean and cheese fajita rice		✓					✓		✓					
Veggie pasta		✓												
Pear and vanilla sponge		✓		✓			✓						✓	
Yoghurt							✓							
Fruit														
GF/DF:Chicken fajita rice									✓					
GF/DF:Apple cake													✓	
GF/DF:Veggie pasta														
Vegan:Veg & tomato fajita rice		✓							✓					
Vegan:Apple cake													✓	
Jacket and beans														
Vegetables														

Salad	✓													
Beans for jackets														
Wrap for fajitas		✓												
Cheese to sprinkle							✓							
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Dishes														
Wednesday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Beef and veg pie roast		✓												
Quorn roast		✓		✓			✓							

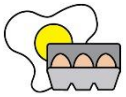
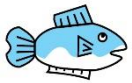
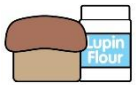
Veggie pasta		✓												
Cranberry crunch flapjack		✓		✓			✓						✓	✓
Yoghurt							✓							
Fruit														
GF/DF:Beef and veg roast														
GF/DF:Chocolate pot													✓	
GF/DF:Veggie pasta														
Vegan:Quorn sausage		✓												
Vegan:Chocolate pot													✓	
Jacket Tuna				✓	✓				✓					
Roast potatoes														
Vegetables														
Tuna for jackets				✓	✓				✓					
Pie lid		✓												

Gravy													
Gluten free/Vegan Yorkshire												✓	
Bread		✓											
Packed lunches		✓		✓			✓		✓			✓		
Checklist													
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Dishes														
Thursday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Cheesy chicken pasta bake		✓					✓							
Cheesy veg pasta bake		✓					✓							
Veggie pasta		✓												
Banana and apple cake		✓		✓			✓						✓	✓

Yoghurt							✓							
Fruit														
GF/DF:Chicken tomato pasta														
GF/DF:Fruit sponge													✓	
GF/DF:Veggie pasta														
Vegan:Veggie tomato pasta		✓												
Vegan:Fruit sponge													✓	
Jacket and cheese							✓							
Salad	✓													
Vegetables														
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														

Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Dishes														
Friday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Fish fingers		✓			✓									
Cheese and tomato pizza		✓					✓							
Veggie pasta		✓												
Ice cream and fruit							✓							
Yoghurt							✓							
Fruit														
GF/DF:Fish fingers					✓									
Gf/DF:Ice lolly														
GF/DF:Veggie pasta														
Vegan:Fishless fingers		✓												

Vegan:Ice lolly														
Jacket and beans														
Wedges														
Salad	✓													
Beans														
Ketchup	✓													
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Review date: 208.07.2026 Reviewed by: J Honess

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