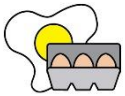
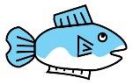
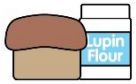
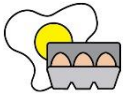
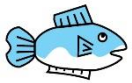
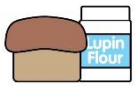
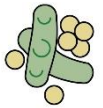
Dishes and their allergen content

Week 4

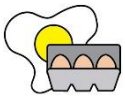
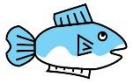
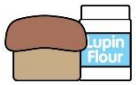
Dishes														
Monday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Cheesy meatball bake	✓	✓		✓			✓		✓				✓	✓
Cheesy veggie meatball bake		✓					✓						✓	
Veggie pasta		✓												
Croissant and jam		✓					✓						✓	✓
Yoghurt							✓							
Fruit														
GF/DF:Cheesy meatball bake													✓	
GF/DF:Sponge cake													✓	
GF/DF:Veggie pasta														
Vegan:Cheesy veg meatballs													✓	

Vegan:Sponge cake													✓	
Jacket and cheese							✓							
Pasta		✓												
Vegetables														
Salad for wraps	✓													
Cheese for jackets							✓							
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Dishes														
Tuesday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**

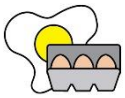
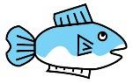
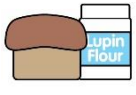
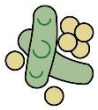
Beef burrito wrap		✓					✓		✓					
Veggie burrito wrap		✓					✓		✓					
Veggie pasta		✓												
Peach sponge cake		✓		✓			✓						✓	✓
Yoghurt							✓							
Fruit														
GF/DF:Mild beef chilli & nachos									✓					
GF/DF:Fruit sponge													✓	
GF/DF:Veggie pasta														
Vegan:Mild veg chilli wrap		✓							✓					
Vegan:Fruit sponge													✓	
Jacket and beans														
Vegetables														
Salad	✓													

Beans for jackets														
Wraps		✓												
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

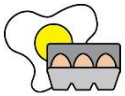
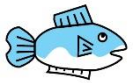
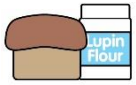
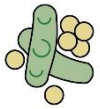
Dishes														
Wednesday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Roast chicken														
Lentil bake		✓					✓							
Veggie pasta		✓												
Oaty apple crumble slice		✓		✓			✓						✓	✓

Yoghurt							✓							
Fruit														
GF/DF:Roast chicken														
GF/DF:Chocolate pot													✓	
GF/DF:Veggie pasta														
Vegan:Lentil bake		✓												
Vegan:Chocolate pot													✓	
Jacket Tuna				✓	✓				✓					
Roast potatoes														
Vegetables														
Tuna for jackets				✓	✓				✓					
Yorkshire pudding		✓		✓			✓							
Gravy														
Gluten free/Vegan Yorkshire													✓	

Bread		✓											
Packed lunches		✓		✓			✓		✓			✓		
Checklist													
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Dishes														
Thursday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Beef bolognese pasta		✓												
Veggie bolognese pasta		✓												
Veggie pasta		✓												
Orange drizzle cake		✓		✓			✓						✓	✓
Yoghurt							✓							
Fruit														

GF/DF:Beef bolognese														
GF/DF:Chocolate pot													✓	
GF/DF:Veggie pasta														
Vegan:Veggie bolognese		✓												
Vegan:Chocolate pot													✓	
Jacket and cheese							✓							
Garlic bread		✓					✓						✓	
Salad	✓													
Vegetables		✓												
Bread		✓		✓			✓		✓			✓		
Packed lunches														
Checklist	✓	✓		✓	✓		✓		✓			✓	✓	
Cold meal boxes														

Dishes														
Friday	**Celery**	**Cereals containing gluten***	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts†**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Fishcake		✓			✓									
Salmon fishcake		✓			✓									
Cheese and tomato pizza		✓					✓							
Veggie pasta		✓												
Ice cream and fruit							✓							
Yoghurt							✓							
Fruit														
GF/DF:Cheese tomato pizza									✓				✓	
Gf/DF:Ice lolly														
GF/DF:Veggie pasta														
Vegan:Cheese tomato pizza									✓				✓	

Vegan:Ice lolly														
Jacket and beans														
Chips														
Salad	✓													
Beans														
Ketchup	✓													
Bread		✓												
Packed lunches		✓		✓			✓		✓			✓		
Checklist														
Cold meal boxes	✓	✓		✓	✓		✓		✓			✓	✓	

Review date: 208.07.2026 Reviewed by: J Honess

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